



bystanders are clearly a part of the bullying problem, these peer intervention strategies can dramatically decrease the incidence of bullying.

**Help! I'm a Bully!** - Bullying is a learned behavior that can be changed. In this program, the kids themselves discover their bullying behavior and successfully change it. Viewers develop a real sense of the damage bullying causes to others and understand that it is not harmless fun.

**Bully No More: Stopping the Abuse 2003 DVD 302.3 BUL Grades 4-8 CPMS**

- Host Ruby Unger talks with kids who tell how to keep from being a target; how to stop and help bullies; and what to do if you are a witness. This research-based program addresses the 4 types of student peer abuse: physical, verbal, emotional, and sexual.

**Bully & Victim: Quiz Show Video 1999 VT 371.58 BOU Grades 3-4 Wood**

- The video presents a wide range of behavior options and their associated consequences. Players earn or lose points based on the quality of the solutions chosen.

**Cruel Schools: Bullying and Violence 2004 DVD 371.5 CRU MHS**

- Bullying is the first step in a continuum of school violence that can escalate to murder. This program explores bullying and violence, how to get help and be a part of the solution.

**Drama Queens and Tough Guys: Helping Teens Handle Emotions 2006 DVD 155.4 DRA 5-9 MHS**

- Intense emotions are part of every teen's life. Too often, however, these emotions spill over into "dramas" with groups of kids reacting to and escalating the impact of the drama. The by-product is a ripple of emotional chaos that extends beyond the group members and can negatively affect the atmosphere of the school. Using four "real life" scenarios, the program enables viewers to recognize emotional "drama" and helps them find legitimate ways to handle intense emotions.

**Gum in My Hair: How to Deal with a Bully 2002 VT 371.782 GUM Ages 8-14 All Elem. Own**

- The video uses scenarios with real teens acting in roles of both bully and victim, role-playing the coping techniques described in the video. The live action is interspersed with segments of Dr. Scratchley discussing bullying from a psychologist's point of view.

**Groark Learns about Bullying 1996 VT 158.1 GRO Grades K-5 Iddings**

- Sensitizes kids to common kinds of bullying behaviors and encourages them to regard any form of bullying as unacceptable.

**Harassment Hurts: Gossiping, Taunting and Bullying 2004 DVD 371.5 HAR Grades 3-5 Iddings**

- Stem the tide of bullying in your school by showing youngsters the devastating effects of gossiping, taunting and bullying. This program gives youngsters the opportunity to consider and discuss strategies for coping with this difficult and pervasive problem.

**How I Learned Not to Be Bullied 1996 VT 302.54 HOW Grades 3-5 Iddings**

- This video helps children cope with bullying. Wherein, it helps them understand common motivations of those who bully and use that information to develop ways to handle bullying behavior.

**I Was Just Kidding: Learning About Harassment 2001 VT 370.193 I Grades 3-5 Iddings**

- This program is designed to show students that many of the behaviors they may engage in, or simply witness as bystanders, are not only embarrassing and unwelcome to those being harassed, but can be offensive and hurtful as well.

- Invisible Weapons**                      **2005**                      **DVD 371.5 INV**                      **Grades 7 - 8**                      **MHS**  
 - Three out of four kids report they have been victims of bullying. Many young people experience teasing, taunting, exclusion or physical abuse every day. This video addresses this epidemic with an examination of bullying through the eyes of both victims and bullies, with interviews with educators, parents and physicians.
- Let's Get Real**                      **2003**                      **VT 371.5 NET**                      **Grades 7 - 12**                      **MHS**  
 - Examines issues that lead to taunting and bullying in middle schools, including racial differences, perceived sexual orientation, learning disabilities, religious differences, sexual harassment and others. Students who have been the targets of bullying, as well as students who do the bullying, describe their experiences and how they make them feel.
- Molly's Pilgrim**                      **1985**                      **VT FIC MOL**                      **24 mins.**                      **MHS**  
 - A Russian Jewish immigrant girl, teased by her American classmates for her ethnic mannerisms, is given a class assignment to create a doll based on a Thanksgiving character. She creates a Russian immigrant doll, because, to her mother, Russian Jews are Pilgrims too, having come to America for religious freedom.
- No More Teasing**                      **1995**                      **VT 303.6 NO**                      **Grades 2 - 4**                      **Iddings and MHS**  
 - Provides children with essential tools for dealing with teasing. Explains how teasing affects its victims by weakening their self-confidence. Explores reasons people tease and illustrates techniques for deflecting and defusing teasing.
- Playground Power**                      **1999**                      **VT 796.06 PLA**                      **Grades 1 - 6**                      **Miller**  
 - "Pop" learns valuable lessons in these animated shorts. Dealing with bullies, nutrition, aggravating attitudes are some of the featured topics.
- Protecting Your Child at Home and at School**                      **2002**                      **VT 371 PRO**                      **MHS**  
 - The October broadcast of Education News Parents Can Use will explore a range of child safety issues that concern parents and school officials. Although recent highly publicized school shootings and abductions have alarmed parents around the country, the reality is that crimes against children in schools are decreasing and our nation's schools are among the safest places for children to be. To ease parents' concerns, the program will offer tools and resources for families, schools and communities to help keep students safe.
- Put Yourself in Someone Else's Shoes: Building Character** **2004**                      **DVD 179 PUT**                      **Grades 3-5**  
**Wood and MHS**  
 - Young children often need help understanding the importance of putting themselves in "someone else's shoes." Viewers are taught the meaning of empathy, and the importance of trying to imagine how someone else feels in a difficult situation.
- Real Kids: What We Learned about Bullying**                      **2000**                      **VT 155.2 REA**                      **Grades 3 – 5**                      **Iddings**  
 - Interviews with children who discuss their feelings about bullies and bullying in their own words. Through the video children will learn to recognize bullying behavior; understand that there are different kinds of bullies; understand common motives of bullies, and learn some positive strategies to stop bullying.
- SCARS**                      **2002**                      **VT 302.3 SCAR**                      **Wood**  
 - Christopher is the target of bullies until an unforeseen consequence to their actions occurs.

- Sexual Harassment**                      **1994**                      **VT 342.085 SEX**                      **Grades 7 – 12**                      **CPMS**
- Using interviews with teens from different backgrounds as well as social and women's studies experts, this program paints a comprehensive portrait of the complex of sexual harassment - from "quid pro quo" to "hostile environment," from peer-to-peer to adult-to-teen- in plain, honest language that teens can relate to. It also discusses how to handle harassment when it happens, and what to do about getting help if it has gone too far."
- Silent on the Sidelines: Why We Ignore Bullying**    **2004**    **VT 152.47 SIL**    **Grades 5 – 9**    **Iddings**
- Video program will help teens see what can happen when the group decides to exert its power and not tolerate bullying behavior.
- See a Bully! Stop a Bully!**                      **2006**    **VT 371.58 SEE**                      **Grades K-2**                      **MHS**
- Bullying expert Detective Bill E. Finder shows young elementary students how they can become "Junior Bullying Detectives." Using his old case files, Detective Bill helps viewers identify various types of bullying, appreciate how the targets of bullying feel and understand what kids really think about bullies. This lively program encourages kids to consider the consequences of their own behavior and understand the behavior of others.
- Silent Witness**                      **NEW IN CATALOGING**                      **Grades 7 - 8**                      **MHS**
- This video will help start a conversation about how to stand up -- for yourself, your children, your students and others. Learn about the power bystanders have to stop bullying, the difference between tattling and reporting, and how "telling" not only protects victims, but also could protect a witness from becoming a victim.
- Stop Bullying...Take a Stand!**    **2005**                      **VT 302.3 STO**                      **For teens**                      **MHS**
- Hosted by Erika Harold, Miss America 2003, herself a victim of severe harassment, this solution oriented program presents a comprehensive and multifaceted approach to preventing bullying, as well as providing help to victims, parents and bystanders.
- Stop Teasing Me!**                      **1995**                      **VT 155.418 STO**                      **Elem.**                      **MHS**
- Illustrates how teasing makes the "teasee" feel, helping children develop greater respect for others and learn how to cope with being teased.
- Student Workshop: Stop Picking on Me!**    **2002**    **VT 371.58 STO**                      **Grades K-2**                      **MHS**
- From her command post at "Bully Control Center," Major Hassle uses realistic mini-dramas to show youngsters the do's and don'ts for dealing with bullies safely. Students learn the techniques that will help them contend with one of the most difficult problems facing them in schools.
- Teasing and Bullying**                      **1995**                      **VT 152.4 TEA**                      **Grades K - 3**                      **Fielier**
- Buddy, his alter ego Body, and their young friends explore one of childhood's most difficult issues: How do you respond to teasing? What can you do to make a bully stop bothering you? Why do people tease, anyway? The kids role-play a variety of responses to teasing and bullying and talk about the pros and cons of each possibility.
- Violent Age**                      **2007**                      **DVD 371.5 VIO**                      **Grades 7 - 9**                      **MHS**
- Your kids will relate to the teens in this program who talk about how high school bullies affected their lives. You'll also hear from the Hessler family, whose daughter hung out with a rough crowd and was killed during a robbery.

**When Tattling Isn't Tattling**

**2005**

**In Cataloging**

**Grades K-2**

**MHS**

- Help kids learn the difference between being someone who understands when it is necessary to report a situation that a youngster can't handle alone.

**When You See a Bully**

**2005**

**In Cataloging**

**Grades K-2**

**MHS**

- Show even the youngest children that it is possible to stand-up for themselves and others when they see bullying happen. This program uses three age-appropriate vignettes to demonstrate precisely what youngsters can do to when they see bullying and say its NOT OKAY with me!

**When You See Bullying Happen: What a Bystander Can Do** **2005 DVD 364.106 WHE Grades 3-5**  
**Iddings**

- While some bystanders laugh and encourage the bully because they fear being the next target, others want to help the victim but feel helpless to do anything. This program shows kids that when it comes to bullying, bystanders can make a difference.