



BREAKFAST MENU FOR GRADES 7-8



Mon	Tue	Wed	Thu	Fri
CHOOSE ONE ITEM	CHOOSE ONE ITEM	CHOOSE ONE ITEM	CHOOSE ONE ITEM	CHOOSE ONE ITEM
Variety of Yogurt With Oatmeal Bar	Variety of Yogurt With Oatmeal Bar	Variety of Yogurt With Oatmeal Bar	Variety of Yogurt With Oatmeal Bar	Variety of Yogurt With Oatmeal Bar
Pancake Wraps	Dutch Waffle	Pirate Griddle With Egg/Turkey Sausage	Pirate Bagel With Egg/Turkey Sausage	Breakfast Sandwich
Cherry Frudel	Cinnamon Pancakes	Apple Frudel	Mini Cinnamon Rolls	Mini French Toast
Mini Donuts	Mini Donuts	Mini Donuts	Mini Donuts	Mini Donuts
Must Take ONE ITEM Choice of Fruit Choice of Juice	Must Take ONE ITEM Choice of Fruit Choice of Juice	Must Take ONE ITEM Choice of Fruit Choice of Juice	Must Take ONE ITEM Choice of Fruit Choice of Juice	Must Take ONE ITEM Choice of Fruit Choice of Juice
CHOOSE 1 ITEM	CHOOSE 1 ITEM	CHOOSE 1 ITEM	CHOOSE 1 ITEM	CHOOSE 1 ITEM
Milk	Milk	Milk	Milk	Milk
Breakfast consists of: 1-2 breads/meat/meat alt. 1 cup fruits/including juice 8 fluid oz. milk				
ANYTHING ELSE IS ALA CARTE				